

# People most likely to utilize a personal CelBank™ in their lifetime

*This document outlines things for you to consider in deciding whether to create a personal cell bank: Where you are in life, how likely you are to benefit from cell therapy, how important being prepared for the future is to you. For more information, please utilize the contact information form at the CelBank site or contact your local CelBank physician provider.*

Question	"Yes"	"No"	CelBank Owner Comment
<b>Has a parent, their siblings or a grandparent had any of the following conditions: Blood disease, heart disease, endocrine disease, vascular disease or age-related eye disease?</b>	These are diseases that have current therapies or developing treatments based on cell therapies. You are more likely than others to benefit from having a personal CelBank.	Your likelihood of utilizing a cell therapy for disease is lower.	"We don't talk much about what diseases we get in our family. So it was late in life that I learned my grandfather, uncle and father all suffered from the same blood disease. My CelBank will be my cure, if I get it, too."
<b>Do you engage intensively in a sport or aerobic activity or have a dangerous occupation?</b>	You have a higher than normal risk of orthopedic, muscle or skin injury that may be treated successfully with cell therapy.	You have a lower risk in this area.	"As a firefighter, clearly the success with burn repair using stem cells was the motivating factor for me to do a CelBank."
<b>Do you tend to be conscientious about preparing for future uncertainty: have insurance, savings, spare food and water?</b>	You may receive more satisfaction from a preventive medical decision like cell banking than the average person.	You may be more comfortable taking things as they come and may struggle with the decision to cell bank. This is a personal choice.	"My husband says it's too early. There aren't enough approved cell therapies. But I'm 55 and don't want to miss out on the potential."
<b>Are you between the ages of 35 and 65?</b>	This is the ideal age group for adult stem cell banking. Cell therapeutics will likely be an important therapy option for the next 30 years. You are the most likely age group to benefit from cell therapy in your lifetime.	If you are older than 65, the number and potency of your stem cells has decreased. Saving cells now will be of less value than when you were younger. If under 35, your young cells are ideal. However, medical therapy may move to newer therapies before you reach diseases of aging.	"I was 57 when I did the bank. I wish I could have done it at 40, but had only learned about my family blood disease at that time. My preserved cells can now be used to regenerate my blood marrow, if I need it. Easy choice."
<b>Are you in generally good health?</b>	It is best to bank your cells when you are young and healthy.	If you are being treated for active infection or cancer, your physician will recommend you wait to collect a cell sample.	"My doctor treated me for an inflammatory condition before I banked my cells. This decreased the immune system cells in my sample."